



Cooking Class 10 Shopping List

Chef Jo

Ingredients for 2 People (adjust to how many you'll be)

Always good to have:

Onion
Garlic
Cooking wine/beer
Olive oil
Vinegar (Aceto Balsamico)
Soy sauce
Maple sirup
Spices
Salt & Pepper
Flour
Sugar
Organic lemon

What you'll need :

2 broccolis
Capers
Organic lemon
600 g floury potatoes
Flour
1 egg
Nutmeg
Butter
Garlic